



**10<sup>th</sup>**  
**SKIF** WORLD  
CHAMPIONSHIP

20-26 July 2008, Athens-Greece



Stadium Peace & Friendship



# Shotokan Karate-Do International Federation 10<sup>th</sup> World Championship



Stadium Peace & Friendship, 20-26 July 2008, Athens-Greece

## **Welcome from the Chief Instructor of S.K.I.F. - GREECE**

Shotokan Karate International Federation of Greece welcomes all the National Teams to this great Karate event that will be held for the new year of 2009 in the historical City of Athens.

*I*t is an honour for us and our country to organise this special event of the 10th World Championship of Shotokan Karate International Federation.



*We* trust that the organisational experience as well as our hospitality, together with the support of our partners, sponsors and friends will contribute in creating the best possible conditions for this major Karate event – the 10th World Championship of S.K.I.F.

*The* success of this event is in our hands as long as we have a strong spirit, friendship and understanding.

*We* strongly believe that you will enjoy this Championship and take back many great memories.

Welcome to Athens and Greece.

Oss !!!

Sincerely,  
Nikitas Zarouchliotis  
Chief Instructor of S.K.I.F - GREECE





# Shotokan Karate-Do International Federation 10<sup>th</sup> World Championship



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## **Welcome from the Chief Instructor of S.K.I.F. - GREECE**

*We* are waiting with great expectation and encouragement the arrival of the 10th World Championships of Shotokan Karate International Federation S.K.I.F in Athens – Greece.

*I* am extremely pleased to welcome all the participants of this very important event that sees the great Shotokan Karate Family in the land of the Olympic Games.



*I* wish the Athletes, Coaches, Referees, Officials, Physicians, Journalists and everyone else taking part in this event, a pleasant and enjoyable stay in this delightful part of the world. Inspired by the fundamental values of Sport, I wish the best of luck, with the work ahead, to all of you. Your presence will help to extol the virtues of competition. Athens City will surely give the best image of all, with the friendliness of its people.

*The* 10th World Championship of Shotokan Karate Federation will undoubtedly be a great opportunity to bring our countries even closer together in a large and free International Community in a truly fraternal spirit. I wish all the Shotokan Karate Family will be united, fighting with good heart, good spirit and above all respect Karate as our great teacher and founder of Shotokan Karate International Federation, Kancho Kanazawa has taught as for so many years.

Oss !!!

Sincerely,  
Ghazi Keyvan  
Chief Instructor of S.K.I.F - GREECE





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## The Sport Hall

Peace and Friendship Stadium is located at N. Faliro coastal region, a top transportation junction, just 4 kms from the port of Piraeus, 10 kms from the city centre and 25 kms from “Eleftherios Venizelos” airport, with an easy access by all public transport means (METRO, bus, tram e.t.c).

It was constructed the period between 1981-1984 by Greek companies. The study was accomplished by “Thimios Papagiannis and Partners” office.

It is a characteristic sample of the 20th century latest architectural style. It also presents many similarities to the Arena of Milan and the Palais of Budapest.

The Stadium is totally equipped with all modern technology systems and many kinds of facilities like a First Aid centre, large parking space, restaurants e.t.c. This great multi-purpose venue apart from numerous sport activities, can also host trade fairs, cultural events, congresses of a huge number of participants and any other kind of special events.







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## Access to the Stadium Peace & Friendship

The major advantage of Peace and Friendships Stadium is its accessibility, as it is located on a top transportation and traffic junction.



Many major motorways as well as various bus, tram and metro lines pass along Peace and Friendship Stadium. It is also easily accessible from the airport by public transportation (express line E96 Piraeus - Airport).

For more details concerning public means of transport one can visit the following sites:

Athens Airport: [www.aia.gr](http://www.aia.gr)

Buses: [www.oasa.gr](http://www.oasa.gr)

Electric Railway: [www.isap.gr](http://www.isap.gr)  
[www.ktel.org](http://www.ktel.org)

Tram: [www.tramsa.gr](http://www.tramsa.gr)

Train: [www.ose.gr](http://www.ose.gr)





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## The City of Athens

Athens, the capital and largest city of Greece, dominates the Attica periphery—as one of the world’s oldest cities, its recorded history spans at least 3,000 years.

The municipality of Athens has a population of 745,514 with a metropolitan population of 3.2 million. The actual, however, is believed to be higher, because during census-taking (carried out once every 10 years) some Athenians residents travel back to their birthplaces, and register as local citizens there.



Reflective this uncertainly about population figures, various sources refer to a population of around 5 million people for Athens (without counting the foreigners).

A bustling and cosmopolitan metropolis, Athens is central to economic, financial, industrial, political and cultural life in Greece. It is rapidly becoming a leading business centre in the European Union.

The ancient site of the city is centered on the rocky hill of the acropolis. All of those who visit Athens never miss to see this spectacular site of Athens.

## Climate

Athens enjoys a typical Mediterranean climate, with the greatest amounts of precipitation mainly occurring from mid-October to mid-April, any precipitation is sparse during summer and falls generally in the form of showers and/or thunderstorms.





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## **Entertainment**

Athens is home to 148 theatrical stages, more than any other European cities, including the famous ancient Herodes Atticus Theatre. In addition to a large number of multiplexes, Athens plays host to variety of romantic, open air garden cinemas. The city also supports a vast number of music venues place in all over the Attica periphery and suburbs too.

## **Transportation in Athens**

- **ATTICO METRO**
- **ELECTRIC RAILWAY**
- **SUBURBAN RAIL ( PROASTIAKOS)**
- **TRAM LINE**
- **TAXIS**
- **BUSES**

All these transportation can be used in order to go from Airport to down town of Athens, and to the Stadium of Peace and Friendship where the 10<sup>th</sup> World Championship will take place. The Athens mass transit system will help you to visit Athens with the best and convenient way.

## **Useful Lings**

Ministry of Culture H : **[www.culture.gr](http://www.culture.gr)**

General Secretariat of Sports H : **[www.sportsnet.gr](http://www.sportsnet.gr)**

Olympic Sports Centre of Athens U : **[www.oaka.com.gr](http://www.oaka.com.gr)**





# Shotokan Karate-Do International Federation 10<sup>th</sup> World Championship



Stadium Peace & Friendship, 20-26 July 2008, Athens-Greece

## General Inquiries & Correspondence

Please address all your general correspondence to:



Mr. Keivan GAZI at [keyvan@skif.gr](mailto:keyvan@skif.gr)

or Mobile: +30-6973606133

Mr. Nikitas ZAROUCHELIOTIS at [nikitas@skif.gr](mailto:nikitas@skif.gr)

Mrs. Elpida CHRISTODOULOU at [ch\\_elpida@yahoo.gr](mailto:ch_elpida@yahoo.gr)

## Registration of Delegations &

## Yudansha-Kai Seminar Programme

MONDAY, July 20<sup>th</sup>  
Registration

TUESDAY, July 21<sup>st</sup>  
Registration  
Referee clinic  
SEMINAR FOR THE YOUTH  
YUDANSHA-KAI SEMINAR

WEDNESDAY, July 22<sup>nd</sup>  
Registration  
Weighing  
Referee clinic  
Seminar For The Youth  
Yudansha-Kai Seminar  
Dan Examination  
Director & Mgr Meeting (Medical)  
Member Country Congress  
Setting Up Of Competition Site







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Stadium Peace & Friendship, 20-26 July 2008, Athens-Greece

## Competition Program

### THURSDAY, July 23<sup>rd</sup>

Schedule:  
Elimination

### FRIDAY, July 24<sup>th</sup>

Schedule:  
Elimination  
Opening ceremony  
Demonstration

### SATURDAY, July 25<sup>th</sup>

Schedule:  
Elimination

### SUNDAY, July 26<sup>th</sup>

Schedule:  
Elimination  
Closing ceremony  
Farewell party





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## Competition Categories

(Updated: 13/10/2008)

### SENIORS (20 – 39 YEARS OLD) NATIONAL TEAM

CONTESTANTS AGE 19 & UNDER AND 40 & ABOVE CANNOT PARTICIPATE FOR BOTH OF SENIORS TEAM AND INDIVIDUAL EVENTS. *BUT AGE 18-19 YEARS WILL NOT BE ABLE TO PARTICPATE THE SENIORS TEAM EVENTS.*

1. MEN'S INDIVIDUAL KATA 4 Contestants per Nation
2. WOMEN'S INDIVIDUAL KATA 4 Contestants per Nation  
*Preliminary : Kohaku system (Red and White flags) of compulsory Katas of Bassai-Dai, Jion, Kanku-Dai, or Empi selected by Referee Panel.  
Semi Final (16 persons) and Final (8 persons) will be judged by Point system of Tokui-Kata.  
Same Kata will be NOT allowed for the Semi Final and Final Matches.  
Seienchin, Seipai, Gankaku-Sho and Nijuhachiho NOT allowed.*
3. MEN'S TEAM KATA 1 team per Nation (3 + 1 reserve)
4. WOMEN'S TEAM KATA 1 team per Nation (3 + 1 reserve)  
*Preliminary & Final (8 teams): Tokui Kata by Point system  
Same Kata will be NOT allowed for the Preliminary and Final matches.  
Seienchin, Seipai, Gankaku-sho and Nijuhachiho NOT allowed.*
5. MEN'S INDIVIDUAL KUMITE ( -65kgs ) 4 contestants per Nation
6. MEN'S INDIVIDUAL KUMITE ( -75kgs ) 4 contestants per Nation
7. MEN'S INDIVIDUAL KUMITE ( +75kgs ) 4 contestants per Nation
8. WOMEN'S INDIVIDUAL KUMITE ( -60kgs ) 4 contestants per Nation
9. WOMEN'S INDIVIDUAL KUMITE ( +60kgs ) 4 contestants per Nation  
**2 minutes, Ippon-han shobu**  
*For Men's Grand Champion tournament -Top 4 CONTESTANTS per each class  
Final match- 5 minutes, Sanbon shobu (6 Wazaari's)  
No Women's Grand Championship tournament  
For Men's Grand Champion tournament, Non-participation is NOT allowed without injury.  
In case of the CONTESTANT cannot make the match, he cannot participate afterwards.*
10. MEN'S TEAM KUMITE 1 team per Nation ( 5 + 2 reserve)
11. WOMEN'S TEAM KUMITE 1 team per Nation ( 3 + 2 reserve )  
*All (5 of Men and 3 of Women) CONTESTANTS should flight in the first and second round. After that the match will be finished when one team get 3 wins (Men) or 2 wins (Women) after the third round.*

### PLEASE PAY ATTENTION:

*For Kumite matches, Gum shield and Mitts (approved by SKIF) are compulsory.  
Groin & Chest (Women) protectors are allowed, but Shin protectors are forbidden.*





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Stadium Peace & Friendship, 20-26 July 2008, Athens-Greece

## JUNIORS INDIVIDUAL KATA

**12. BOYS ( -12 YEARS ) NO LIMIT**

**13. GIRLS ( -12 YEARS ) NO LIMIT**

*Preliminary: Kohaku system (Red and White flags) of Kata's of Heian Shodan-- Godan or Tekki-Shodan selected by Referee Panel.*

*Final: Point system of Tokui Kata, Heian Sho-dan-- Godan, Tekki-Shodan, Bassai-dai, Jion, Kanku-dai and Empi.*

**14. BOYS ( 12-13 YEARS ) NO LIMIT**

**15. GIRLS ( 12-13 YEARS ) NO LIMIT**

**16. BOYS ( 14-15 YEARS ) NO LIMIT**

**17. GIRLS ( 14-15 YEARS ) NO LIMIT**

*Preliminary: Kohaku system (Red and White flags) of Kata's of Heian Shodan-- Godan or Tekki-Shodan selected by Referee Panel.*

*Final: Point system of Tokui Kata, Heian Sho-dan--Godan, Tekki-Shodan, Bassai-dai, Jion, Kanku-dai, Empi, Gankaku, Jitte, Hangetsu, Chinte and Tekki-Nidan.*

**18. BOYS ( 16-17 YEARS ) NO LIMIT**

**19. GIRLS ( 16-17 YEARS ) NO LIMIT**

*Preliminary: Kohaku system (Red and White flags) of Kata's of Heian Shodan-- Godan or Tekki-Shodan selected by Referee Panel.*

*Final: Point system of Tokui-kata, All Kata allowed*

**20. BOYS ( 18-19 YEARS ) NO LIMIT**

**21. GIRLS ( 18-19 YEARS ) NO LIMIT**

*Preliminary: Kohaku system (Red and White flags) of Kata's of Bassai-Dai, Jion, Kanku-dai or Empi selected by Referee Panel.*

*Final: Point system of Tokui-kata, All Kata allowed*

**THE CONTESTANTS OF AGE 18-19 CANNOT BE MEMBER OF SENIORS GROUP**

## JUNIORS INDIVIDUAL KUMITE

**22. BOYS ( -12 YEARS ) NO LIMIT IPPON SHOBU 90 SECONDS**

**23. GIRLS ( -12 YEARS ) NO LIMIT IPPON SHOBU 90 SECONDS**

**24. BOYS ( 12-13 YEARS ) NO LIMIT IPPON SHOBU 90 SECONDS**

**25. GIRLS ( 12-13 YEARS ) NO LIMIT IPPON SHOBU 90 SECONDS**

**26. BOYS ( 14-15 YEARS ) NO LIMIT IPPON SHOBU 90 SECONDS**

**27. GIRLS ( 14-15 YEARS ) NO LIMIT IPPON SHOBU 90 SECONDS**

**28. BOYS ( 16-17 YEARS ) NO LIMIT IPPON SHOBU 2 MINUTES**

**29. GIRLS ( 16-17 YEARS ) NO LIMIT IPPON SHOBU 2 MINUTES**

**30. BOYS ( 18-19 YEARS ) NO LIMIT IPPON SHOBU 2 MINUTES**

**31. GIRLS ( 18-19 YEARS ) NO LIMIT IPPON SHOBU 2 MINUTES**

*Gum shield, Mitts (approved by SKIF) and Body protector (Age 15 & under) are compulsory.*

*Groin and Chest (Girls) protectors are allowed, but **Shin protectors are forbidden.** (CONTESTANTS of age 18-19 YEARS cannot be a National team member.)*





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Stadium Peace & Friendship, 20-26 July 2008, Athens-Greece

## **MASTERS INDIVIDUAL KATA( 40 YEARS AND ABOVE)**

- 32. MEN ( 40-44YEARS ) NO LIMIT
- 33. WOMEN (40-44YEARS ) NO LIMIT
- 34. MEN ( 45-49YEARS ) NO LIMIT
- 35. WOMEN ( 45-49YEARS ) NO LIMIT
- 36. MEN ( 50-54YEARS ) NO LIMIT
- 37. WOMEN ( 50-54YEARS ) NO LIMIT
- 38. MEN ( 55-59YEARS ) NO LIMIT
- 39. WOMEN ( 55-59YEARS ) NO LIMIT
- 40. MEN ( 60-64YEARS ) NO LIMIT
- 41. WOMEN ( 60-64YEARS ) NO LIMIT
- 42. MEN ( 65-69 YEARS ) NO LIMIT
- 43. WOMEN ( 65-69 YEARS ) NO LIMIT
- 44. MEN ( 70 AND ABOVE) NO LIMIT
- 45. WOMEN ( 70 AND ABOVE) NO LIMIT

*All matches are Tokui Kata by Point system.*

*All Kata allowed (Except Heian Sho-dan--Godan, Tekki-Shodan)  
Seienchin, Seipai, Gankaku-sho and Nijuhachiho allowed.*

*More than 16 participants in one category, Preliminary and Final matches*

*Preliminary: Kohaku system by Tokui-kata( Two participants perform together)*

*Final: Point system by Tokuikata (Same Kata allowed.)*

*In case of Men's or Women's CONTESTANTS less than 3 persons in the group,  
Mix (Men and Women together) match is enforced.*

## **MASTERS TEAM KATA**

- 46. MEN NO LIMIT
- 47. WOMEN NO LIMIT

*ALL CONTESTANTS SHOULD BE AGE 40 & ABOVE.*

*THE CONTESTANTS OF THIS CATEGORY CANNOT PARTICPATE THE TEAN KATA  
OF OVER 150 & 180 YEARS OLD BY THREE.*

## **MASTERS INDIVIDUAL KUMITE ( NO WOMEN MATCH)**

- 48. MEN( 40-44 YEARS ) NO LIMIT IPPON SHOBU 2 MINUTES
- 49. MEN ( 45-49 YEARS ) NO LIMIT IPPON SHOBU 2 MINUTES
- 50. MEN ( 50-54 YEARS ) NO LIMIT IPPON SHOBU 90 SECONDS
- 51. MEN ( 55-59 YEARS ) NO LIMIT IPPON SHOBU 90 SECONDS
- 52. MEN ( 60-64 YEARS ) NO LIMIT IPPON SHOBU 90 SECONDS
- 53. MEN (65 AND ABOVE) NO LIMIT IPPON SHOBU 90 SECONDS

*Gum shield and Mitts (approved by SKIF) are compulsory.*

*Groin protectors are allowed, but Shin protectors are forbidden.*







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Stadium Peace & Friendship, 20-26 July 2008, Athens-Greece

## **MASTERS TEAM KUMITE ( NO WOMEN MATCH)**

### **54. MEN NO LIMIT**

*ALL CONTESTANTS SHOULD BE AGE 40-49, Age 50 & above cannot PARTICIPATE THIS CATEGORY.*

## **YAKUSOKU KUMITE**

### **55. AGE 80-99 BY TWO PERSONS** Two teams per Nation

### **56. AGE 100 AND ABOVE BY TWO PERSONS** Two teams per Nation

*2 Contestants (Both Age 40 and above) & 1 Reserve. Man & Woman mix allowed  
Preliminary: Kihon-Ippon Kumite by Kohaku system.*

*(Jodan-Oizuki, Chudan-Oizuki, Maegeri, Yokogeri & Mawashigeri, each once)*

*Final: Jiyu Ippon Kumite by Point system (Jodan-Oizuki, Chudan-Oizuki, Maegeri,  
Yokogeri, Mawashigeri, Ushirogeri, Jodan-Kizamizuki & Chudan-Gyakuzuki, each once)*

*It is the same way of calculation of Kata Point system.*

*In case of the teams are draw, they have to make Kihon or Jiyu-Ippon Kumite again  
by Migi-Gamae (Right hand front)*

## **OTHER**

### **TEAM KATA**

### **57. OVER 150 YEARS BY THREE 2 TEAMS PER NATION ( 3 + RESERVE 1 )**

### **58. OVER 180 YEARS BY THREE NO LIMIT**

*3 Contestants (Age Under 40 allowed) & 1 Reserve. Man & Woman mix allowed.*

*Tokui Kata by Point system*

*Seienchin, Seipai, Gankaku-sho and Nijuhachiho allowed.*





# Shotokan Karate-Do International Federation 10<sup>th</sup> World Championship



Stadium Peace & Friendship, 20-26 July 2008, Athens-Greece

## Sales & Marketing Inquiries

For all your accommodation and transfer reservations please address to:

Travel Agent  
**AEGIS HOLIDAYS**  
36 SIVITANIDOY STR  
17676 KALLITHEA-ATHENS

PHONE : +30 2109515423  
FAX : +30 2109515424  
Email : agstr1@otenet.gr  
Web : www.agishld.gr

Director & Contact Person: Mrs. Manikaki Mabel  
Mr. Manikakis Christos

**AEGIS HOLIDAYS** acting exclusive as travel partner of the Greek karate federation (SKIF.gr), has reserved rooms in several hotels in Athens, all located at a nearby walking distances to Metro and Tram stations with direction to the **SEF Stadium** where the games will take place.

Hotels booked are of three categories: 5\* , 4\*<sup>SUP</sup> , 4\* , 3\* and accordingly room rates are applicable depending on requests and preferences. The following rates are hereby provided:

### PACKAGE FOR 7 DAYS / 6 NIGHTS ON BB BASIS

HOTEL	RATES PER PERSON			EXTRA NIGHT PER PERSON		
	SINGLE	DOUBLE	TRIPLE	SINGLE	DOUBLE	TRIPLE
CAT 5*	EURO 1.050.-	EURO 645.-	EURO -N/A	EURO 155.-	EURO 95.-	<b>EURO</b>
CAT 4sup*	EURO 756.-	EURO 510.-	EURO 465.-	EURO 120.-	EURO 75.-	<b>EURO 65.-</b>
CAT 4 *	EURO 660.-	EURO 450.-	EURO 420.-	EURO 128.-	EURO 66.-	<b>EURO 57.-</b>
CAT 3*	<b>EURO 600.-</b>	<b>EURO 360.-</b>		<b>EURO 90.-</b>	<b>EURO 55.-</b>	

#### Rates include

- Meet and assist at Airport
- Round trip transfers Airport – Hotel – Airport
- Accommodation 7 days / 6 nights on Bread and Breakfast Basis





# Shotokan Karate-Do International Federation 10<sup>th</sup> World Championship



Stadium Peace & Friendship, 20-26 July 2008, Athens-Greece

## Hotels (Divided by region)

HOTEL NAME	AREA	CAT	METRO/TRAM STATION (ABBREV ST)	WALKING DISTANCES TO RELEVANT STATION
PALACE	GLYFADA	4	PARALIA 1 ST -TRAM	30-60 METERS
GOLDEN SUN	GLYFADA	3	PARALIA 1 ST -TRAM	30-60 METERS
JOHNS	GLYFADA	3	PARALIA 1 ST -TRAM	30-60 METERS
LONDON	GLYFADA	3	PARALIA 1 ST -TRAM	30-60 METERS
MIRANDA	GLYFADA	3	PARALIA 1 ST -TRAM	30-60 METERS
SEA VIEW	GLYFADA	3	PARALIA 1 ST -TRAM	30-60 METERS
STANLEY	KARAIKAKI SQR	4	METAXOYRGIO ST - METRO	30-60 METERS
NOVOTEL	KARAIKAKI SQR	4	METAXOYRGIO ST - METRO	30-60 METERS
DELPHI ART	KARAIKAKI SQR	4	METAXOYRGIO ST - METRO	30-60 METERS
ACHILLION	KARAIKAKI SQR	3	METAXOYRGIO ST - METRO	30-60 METERS
ADRIANE	KARAIKAKI SQR	3	METAXOYRGIO ST - METRO	30-60 METERS
CASTELA	KASTE LA	3	TROLLEY ST	50-60 METERS
CAVO DORO	KASTE LA	3	TROLLEY ST	50-60 METERS
CROWNE PLAZA	MIXALOKOPOYLOY	5	MEGARON ST- METRO	70-100 METERS
GOLDEN AGE	MIXALOKOPOYLOY	4	MEGARON ST - METRO	70-100 METERS
CORAL	P.FALIRO	4	FALIRO ST - TRAM	30-60 METERS
POSEIDON	P.FALIRO	3	FALIRO ST - TRAM	30-60 METERS
THEOXENIA	PIRE AUS	4	PIRE AUS ST - METRO	150-200 METERS
MISTRAL	PIRE AUS	3	PIRE AUS ST - METRO	150-200 METERS
SAVOY	PIRE AUS	3	PIRE AUS ST - METRO	150-200 METERS
AMALIA	SYNTAGMA	4	SYNTAGMA ST - METRO	50-70 METRES
ELECTRA PALACE	SYNTAGMA	4	SYNTAGMA ST - METRO	50-70 METRES
ESPERIA PALACE	SYNTAGMA	4	SYNTAGMA ST - METRO	50-70 METRES
ASTORE	SYNTAGMA	4	SYNTAGMA ST - METRO	50-70 METRES
TITANIA	OMONIA	4	OMONIA ST - METRO	50-70 METRES
ACROPOLE	OMONIA	4	OMONIA ST - METRO	50-70 METRES
BABY GRANT	OMONIA	4	OMONIA ST - METRO	50-70 METRES
KANIGOS 21	OMONIA	4	OMONIA ST - METRO	50-70 METRES
KING JASON	OMONIA	3	OMONIA ST - METRO	50-70 METRES
DORIAN INN	OMONIA	3	OMONIA ST - METRO	50-70 METRES





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Stadium Peace & Friendship, 20-26 July 2008, Athens-Greece

## Application Form for Hotel Accommodations

Please complete and return this form to:

**AEGIS HOLIDAYS**

**Deadline: 28<sup>th</sup> February 2009**

34 Sivitanidou Str. 17676 Kallithea, Greece

Tel. +30-210- 9515423, Fax: +30-210-9515424

Email: [agstr1@otenet.gr](mailto:agstr1@otenet.gr)

(Please type or print in block letters and check appropriate boxes.)

**Organization:** \_\_\_\_\_

Prof. Dr. Mr. Mrs. **Given Name:** \_\_\_\_\_

**Family Name:** \_\_\_\_\_

**Business Address:** \_\_\_\_\_

Postal code: \_\_\_\_\_ Country: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ E-mail: \_\_\_\_\_

**Home Address:** \_\_\_\_\_

Postal code: \_\_\_\_\_ Country: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ E-mail: \_\_\_\_\_

**Name of Accompanying Person(s), if any:**

Mr. Mrs. Family Name \_\_\_\_\_ Given Name \_\_\_\_\_

**Fight Schedule:** Arriving at \_\_\_\_\_ (airport), on \_\_\_\_\_ (date), by \_\_\_\_\_ (flight number)

**Hotel Accommodations:** 1<sup>st</sup> choice: \_\_\_\_\_

2<sup>nd</sup> choice: \_\_\_\_\_

-----Remittance-----

**Total = Eur. (one night room charge)X room(s) X nights = Eur.**

Credit card: VISA MasterCard Diners AMEX

Card number: \_\_\_\_\_

Name of cardholder: \_\_\_\_\_ Expiration date: \_\_\_\_\_

Authorized signature: \_\_\_\_\_

Bank Transfer

I(we) have remitted the above sum of total on

(date) in the name of  
(name of remitter) through  
(name of bank) to:







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Stadium Peace & Friendship, 20-26 July 2008, Athens-Greece

## Application & Payment for Hotels

Participants wishing to reserve hotel accommodations should apply by sending the filled form by fax or by e-mail to reach AEGIS HOLIDAYS **no later than Feb 2009**. Application should be accompanied by a remittance of the total amount of the room charge due AEGIS HOLIDAYS – MANIKAKIS CHRISTO.

No reservation will be confirmed in the absence of this payment. All payment must be in EURO. If the remittance covers more than one person, or if the name of the remitter is not the same as the participant's, please inform us the name of each participant. Payment should be in the form of:

- One of the following credit cards:

1. VISA 2. MasterCard 3. Diners Club 4. AMEX 5. JCB

### - A bank transfer to

ALPHA BANK: Sivitanidou 23, Kallithea

Acc. Number: GR9601401090109002101260970 (IBAN), Swift Code: CRBAGRAA

EUROBANK:

Acc.Number: GR2002600110000940200365105 (IBAN), Swift Code: EFGBGRAA

## Cancellation

In the event of cancellation, written notification should be sent to AEGIS HOLIDAYS. The following cancellation fees will be deducted before any refund is made, in addition to the handling charge.

Hotels: Up to 40 days before the first night of stay ----- None

30 days before-----20% of daily room charge

15 day before ----- 80% of daily room charge

On the day of arrival or no notice given -----100% of daily room charge

**Note:** If hotel of your first choice is fully booked then you will be assigned alternative to the same category.





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Stadium Peace & Friendship, 20-26 July 2008, Athens-Greece

## AEGIS HOLIDAYS Private Transfers

<b>Taxi Private Airport Service</b>		
<b>From / To</b>	<b>To / From</b>	<b>Price</b>
Airport ↔	Athens City Center	50 €
Airport ↔	Ag. Paraskevi - Filothei – Xalandri – Marousi – Melissa	50 €
Airport ↔	Kifisia – Ekali	50 €
Airport ↔	Dionysos – Marathonas Ag. Stefanos	70 €
Airport ↔	Pireaus Port	50 €
Airport ↔	Faliro – Kalamaki	50 €
Airport ↔	Glyfada – Vouliagmeni	50 €
Airport ↔	Varkiza	50 €
Airport ↔	Lagonisi	60 €
Airport ↔	Laurio Port – Sounion	70 €
Airport ↔	Rafina Port	60 €
Airport ↔	Anavissos	60 €

<b>Taxi Private Service in Attica</b>		
<b>From / To</b>	<b>To / From</b>	<b>Price</b>
Athens City ↔	Athens City Center	35 €
Athens City ↔	Ag. Paraskevi Filothei – Xalandri – Marousi – Melissa	35 €
Athens City ↔	Kifisia – Ekali	35 €
Athens City ↔	Dionysos – Marathonas Ag. Stefanos	75 €
Athens City ↔	Pireaus Port	35 €
Athens City ↔	Faliro – Kalamaki	35 €
Athens City ↔	Glyfada – Vouliagmeni	35 €
Athens City ↔	Varkiza	35 €
Athens City ↔	Lagonisi	60 €
Athens City ↔	Laurio Port – Sounion	65 €
Athens City ↔	Rafina Port	60 €
Athens City ↔	Anavissos	65 €





# Shotokan Karate-Do International Federation 10<sup>th</sup> World Championship



Stadium Peace & Friendship, 20-26 July 2008, Athens-Greece

## AEGIS HOLIDAYS Sightseeing Tours (Optional)

Morning Tours – Daily	PRICE			
1. <a href="#">Athens City Tour with Acropolis</a>	52			
2. <a href="#">Athens City Tour with Acropolis &amp; Lunch</a>	72			
3. <a href="#">Athens City Tour with Acropolis &amp; Nat. Archaeological Museum</a>	72			
4. <a href="#">Helicopter Sightseeing Tour of Athens</a>	1750			
<b>By Night Tour - (Tue-Thu-Sat)</b>				
6. <a href="#">Athens Panorama By Night with Folklore show &amp; Dinner</a>	60			
<b>One-Day Tours &amp; Cruises</b>				
07. 1 Day to <a href="#">Delphi-Arachova</a> with lunch ( <i>Mon-Wed-Fri-Sun</i> )	96			
7a. 1 Day to Delphi-Arachova without lunch ( <i>Mon-Wed-Fri-Sun</i> )	86			
08. 1 Day to <a href="#">Mycenae-Nauplion-Epidaurus</a> (ARGOLIS) with lunch ( <i>Tue-Thu-Sat</i> )	96			
8a. 1 Day to Mycenae-Nauplion-Epidaurus (ARGOLIS) without lunch ( <i>Tue-Thu-Sat</i> )	86			
09. 1 Day 3 <a href="#">islands Cruise to Aegina-Poros-Hydra</a> with lunch ( <i>Daily</i> )	95			
50% discount for children ( <i>4 - 12 years old</i> ) - Special prices for groups over 14 people				
<p><b>All above prices are Per Person</b> and include: Pick up service from any Hotel in Athens area, Entrance fees, A/C Bus and professional English speaking Guide.</p>				
Greek Island Tour Packages	2 DAYS	3 DAYS	EXTRA DAY	SINGLE SUPPLEMENT
Tour to island of <a href="#">Mykonos</a> - May to July and Sept to Oct 3*	198	260	62	79
Tour to island of <a href="#">Mykonos</a> - Nov to Apr. and August 3*	248	340	92	79
Tour to island of <a href="#">Mykonos</a> - May to July and Sept to Oct 4*	228	310	82	103
Tour to island of <a href="#">Mykonos</a> - Nov to Apr. and August 4*	269	380	111	103
Tour to island of <a href="#">Santorini</a> -May to July and Sept to Oct 3*	213	275	62	62
Tour to island of <a href="#">Santorini</a> - Nov to Apr. and August 3*	263	335	72	62
Tour to island of <a href="#">Santorini</a> - May to July and Sept to Oct 4*	243	325	82	95
Tour to island of <a href="#">Santorini</a> - Nov to Apr. and August 4*	284	390	106	95
<p><b>All prices are Per Person</b> in a Double room with breakfast all transfers and boat tickets Upgrade service with Speed Boat tickets 70.00 Euro Per Person</p>				





# Shotokan Karate-Do International Federation 10<sup>th</sup> World Championship



Stadium Peace & Friendship, 20-26 July 2008, Athens-Greece

<b>PRIVATE TOURS PER CAR (up to 2 PAX)</b>	<b>PRICE</b>
ATHENS SIGHTSEEING TOUR AND VISIT TO ACROPOLIS (4 hours)	<b>400</b>
CAPE SOUNION TOUR (4 hours)	<b>400</b>
ANCIENT CORINTH (4 1/2 hours)	<b>400</b>
ARACHOVA - DELPHI (8 - 9 hours)	<b>680</b>
ARGOLIS (MYCENAE - NAUPLION - EPIDAUROS) (8 - 9 hours)	<b>680</b>
ATHENS - PATRA - ANCIENT OLYMPIA (10 - 12 hours)	<b>750</b>
TOURS DEPARTING FROM THE ATHENS AIRPORT <b>supplement</b>	<b>70</b>
Since the tours are private, for your family or group alone, itineraries can be flexible and tailor-made to your requests. We will see the sights you want to see and move at the pace most comfortable for you.	
All prices are per a/c Car and include professional English speaking guide (other languages are on request), toll roads and taxes.	
<b>PRIVATE TOURS PER MINIBUS (up to 16 PAX)</b>	
ATHENS SIGHTSEEING TOUR AND VISIT TO ACROPOLIS (4 hours)	<b>530</b>
CAPE SOUNION TOUR (4 hours)	<b>530</b>
ANCIENT CORINTH (4 hours)	<b>530</b>
ARACHOVA - DELPHI (8 - 9 hours)	<b>770</b>
ARGOLIS (MYCENAE - NAUPLION - EPIDAUROS) (8 - 9 hours)	<b>770</b>
ATHENS - PATRA - ANCIENT OLYMPIA (10 - 12 hours)	<b>870</b>
TOURS DEPARTING FROM THE ATHENS AIRPORT <b>supplement</b>	<b>90</b>
Since the tours are private, for your family or group alone, itineraries can be flexible and tailor-made to your requests. We will see the sights you want to see and move at the pace most comfortable for you.	
All prices are per <u>A/C MINIBUS</u> and include professional English speaking guide (other languages are on request), toll roads and taxes.	
<b>PRIVATE TOURS PER BUS (up to 49 PAX)</b>	
ATHENS SIGHTSEEING TOUR AND VISIT TO ACROPOLIS (4 hours)	<b>580</b>
CAPE SOUNION TOUR (4 hours)	<b>580</b>
ANCIENT CORINTH (4 hours)	<b>580</b>
ARACHOVA - DELPHI (8 - 9 hours)	<b>820</b>
ARGOLIS (MYCENAE - NAUPLION - EPIDAUROS) (8 - 9 hours)	<b>820</b>
ATHENS - PATRA - ANCIENT OLYMPIA (10 - 12 hours)	<b>980</b>
TOURS DEPARTING FROM THE ATHENS AIRPORT <b>supplement</b>	<b>100</b>
Since the tours are private, for your family or group alone, itineraries can be flexible and tailor-made to your requests. We will see the sights you want to see and move at the pace most comfortable for you.	
All prices are per <u>A/C Bus</u> and include professional English speaking guide (other languages are on request), toll roads and taxes.	







# Shotokan Karate-Do International Federation 10<sup>th</sup> World Championship



Stadium Peace & Friendship, 20-26 July 2008, Athens-Greece

## Tram Lines

Aristophanis: Vouliagmenis avenue – Stadium of Peace and Friendship (Faliro) (STADIUM)

Aischylos: Vouliagmenis avenue – Kolimvitiro (Glyfada)

Thoukydidis: Stadium of Peace and Friendship (Faliro) – Kolimvitiro (Glyfada)

Aristotelis: Kolimvitiro (Glyfada) – Syntagma

The average time in between trams is 8 minutes between 06:00 and 01:00am and 40 minutes between 01:00 and 06:00am. The average tram speed is 25 km/hour with a maximum speed of 75 klm per hr.



Ticket Price for Single fare (valid for 1 hour after first validation) is: 0,80 €

Special ticket cost: 0,50 €

(- for journeys of up to 5 successive stops in one direction, or

- for users transferring to the Tram system from all other public transport modes (bus, trolley, electric railway and metro) provided they retain the ticket used on the previous mode. That ticket must have been validated 90 minutes beforehand maximum.)



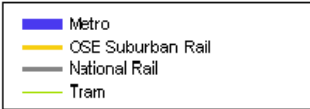


# Shotokan Karate-Do International Federation 10<sup>th</sup> World Championship

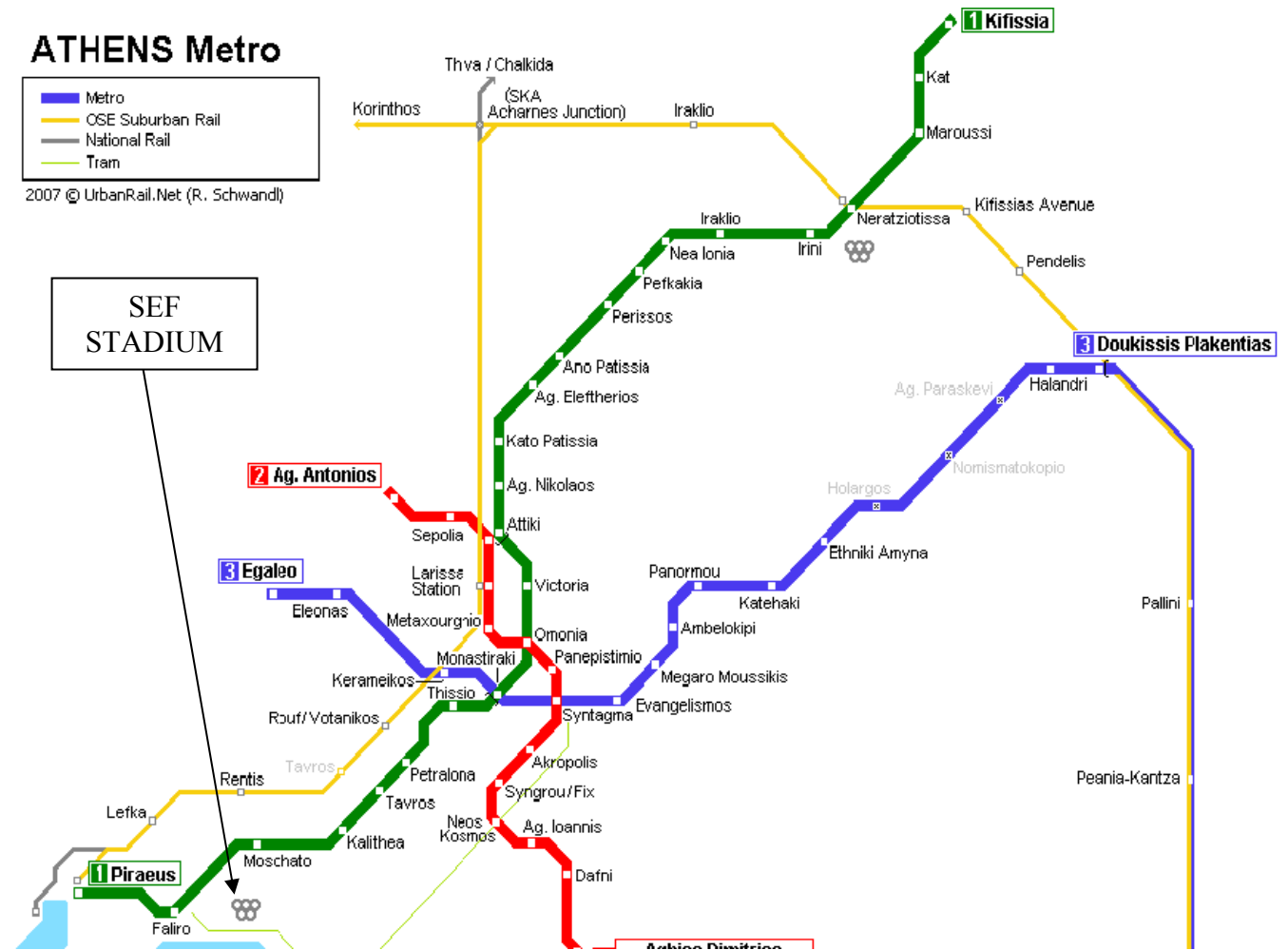


Stadium Peace & Friendship, 20-26 July 2008, Athens-Greece

## ATHENS Metro



2007 © UrbanRail.Net (R. Schwandl)



Ticket Price for Single fare (valid for 1 hour after first validation) is: **0,80 €**

Special ticket cost: **0,50 €**

- for journeys of up to 5 successive stops in one direction, or
- for users transferring to the Tram system from all other public transport modes (bus, trolley, electric railway and metro) provided they retain the ticket used on the previous mode. That ticket must have been validated 90 minutes beforehand maximum.

### Areas Information

#### GLYFADA – P.FALIRO :

South suburbs near the sea. Access to stadium by tram approx time 20-30 minutes.

Line glyfada - SEF terminal station.

#### KARAIKAKI SQ - SYNTAGMA – OMONIA

Down town center of Athens access to stadium by metro line 1 & 2 approx time 20-30 minutes.

Line kifisia - Pireaus.

#### MIXALOPOYLOY- AMPELOKIPI-

Down town outer center Athens access to stadium metro line 1 + line 2 approx time 40 minutes.





# Shotokan Karate-Do International Federation 10<sup>th</sup> World Championship



Stadium Peace & Friendship, 20-26 July 2008, Athens-Greece

## Visas for Foreigners Travelling to Greece

1. Greece follows the Schengen Agreement provisions and the subsequent acquis concerning short term visa issues. Countries applying the Schengen acquis in full (*EU countries: Austria, Belgium, Denmark, Finland, France, Germany, Greece, Italy, Luxembourg, The Netherlands, Portugal, Spain, Sweden, plus associated countries: Iceland and Norway*) follow a common visa policy for short-term stays of up to three (3) months in the Schengen area. The citizens of these countries are not subjected to border controls within the common area (airlines or other carriers require identification - I.D. Card or passport or any other piece of identification issued by a public authority)

2. **Citizens of the following EU and other European countries do not need a visa** to enter Greece (and the Schengen area). They have only to produce a passport or an I.D. card at the border.

Bulgaria, Cyprus, Czech Republic, Estonia, Ireland, Latvia, Lichtenstein, Lithuania, Hungary, Malta, Poland, Romania, Slovakia, Slovenia, Switzerland, United Kingdom

3. For holders of **regular passports** of the following countries who wish to visit Greece (and the Schengen area) and stay up to 3 months (90 days) within a six (6) month period, **NO visa is required**:

Andorra, Argentina, Australia, Brazil, Brunei Darussalam, Canada, Chile, Costa Rica, The Holy See (Vatican), Croatia, El Salvador, Guatemala, Honduras, Israel, Japan, Malaysia, Mexico, Monaco, New Zealand, Panama, Paraguay, San Marino, Singapore, South Korea, USA, Uruguay, Venezuela, Nicaragua.

4. **Holders of regular passports from the rest of the world need a visa** in order to enter Greece (and the Schengen area).

**NOTE:** When travelling to Greece on a tourist visa, visitors are required to have travel insurance that covers cases of medical or other emergencies for the duration of the **stay**.





# Shotokan Karate-Do International Federation 10<sup>th</sup> World Championship



Stadium Peace & Friendship, 20-26 July 2008, Athens-Greece

## TERM OF RESPONSIBILITY

I, \_\_\_\_\_, as chief of the Delegation of my Country, duly enrolled to participate in the 10<sup>th</sup> World Championship of Shotokan Karate International Federation S.K.I.F. which will be held in Athens 21/26 July 2009, with fully knowledge of Statutes, Rules, and Norms of SHOTOKAN KARATE INTERNATIONAL FEDERATION, pledge myself to faithfully accomplish the regulations of this before mentioned entity and I take any administrative, civil and criminal responsibilities of whatever happens to our Athletes, Coaches and other Members of our Delegation participating in this Championship, before, during and after the competition, such as physical injuries, personal expenses or monetary debts and casual material damages in the hotels .

Furthermore, I exempt from any legal, civil or criminal responsibilities the organizers of the Championships, S.K.I.F., Greek Shotokan Karate Federation, its directors, as well as any person or company related to the event (sponsors, public and private entities) .

I authorize the organizers of the event to use images, photos and the names of our competitors and other members of our Delegation (since it is considered necessary) for the sport activities and publications of Karate related to the event, without any monetary compensation.

Country : \_\_\_\_\_

Surname : \_\_\_\_\_

Name : \_\_\_\_\_

Passport no : \_\_\_\_\_

Position in the National Federation : \_\_\_\_\_

Address : \_\_\_\_\_

Tel no : \_\_\_\_\_

Fax no : \_\_\_\_\_

E-mail : \_\_\_\_\_

\_\_\_\_\_  
Place and Date

\_\_\_\_\_  
Signature





Shotokan Karate-Do International Federation  
10<sup>th</sup> World Championship  
Stadium Peace & Friendship, 21-26 July 2008, Athens-Greece



**Entry Form**

No.	Family Name	Name	Date of Birth	Category **	Weight	Dan	If non-athlete* please indicate
1.							
2.							
3.							
4.							
5.							
6.							
7.							
8.							
9.							
10.							
11.							
12.							

\* Non-athlete may be: physicians, doctors, accompany persons, referees e.t.c.

If you have more athletes/officials please use a copy of this form.

\*\* Please print the **(red)** number of the category according to the competition categories.

\* \* \* \* \*

Please return this form to SKIF-Greece, Fax: +30 2109848327 or scan & mail to [nikitas@skif.gr](mailto:nikitas@skif.gr) or [keyvan@skif.gr](mailto:keyvan@skif.gr)